FULL, CONSCIOUS, AND ACTIVE PARTICIPATION AT MASS: (Revised 6/25/18)

***NOTE: Following your grade level's lesson for Unit #2/ EQ #2 (Mass/ Eucharist), devote the next week's RE session addressing these actions/ behaviors, preferably by taking your learners into the church. Adjacent grade level groups could be combined for this lesson, allowing older learners to teach younger ones.

<u>Catechist's Preparation:</u> Catechists might want to review "A Walk Through the Mass: Why We Do What We Do" (*Catholic Update*, C0911/September 2011) – see separate files for scanned pages and/or "Parts of the Mass" (USCCB, 2010) – http://www.usccb.org/prayer-and-worship/the-mass/order-of-mass/upload/parts-of-the-mass.pdf

Kindergarten:

- ✓ Recognizing sacred statues, pictures, icons of the Holy Family in the church.
- ✓ Making the "Sign of the Cross" with holy water in the church.
- ✓ Genuflecting in the church, as an act of adoration to God and awareness of his holy Presence in the tabernacle.

Grade 1:

- ✓ All listed above PLUS...
- ✓ Saying "Amen" and recognizing that it means "so be it" or "I believe."
- ✓ Responding to the Greeting (...and with your spirit)
- ✓ Responding to the Sending (...Thanks be to God]

Grade 2:

- ✓ All listed above PLUS...
- ✓ Saying and "unpacking" (in age-appropriate language) the following Mass responses:
 - Memorial Acclamation (Mystery of Faith)
 - Act of Humility ("Lord, I am not worthy...)

Grade 3:

- ✓ All listed above PLUS...
- ✓ Saying and "unpacking" (in age-appropriate language) the following Mass responses:
 - Greeting
 - Biblical Readings
 - Sending

Grade 4:

- ✓ All listed above PLUS...
- ✓ Saying and "unpacking" (in age-appropriate language) the following Mass responses:
 - Penitential Act (Confiteor)
 - o Gloria
 - Litany ("Lamb of God...")

Grade 5:

- ✓ All listed above PLUS...
- ✓ Saying and "unpacking" (in age-appropriate language) the following Mass responses:
 - o Preface Dialogue
 - o Preface Acclamation ("Holy, holy, holy...")
 - o Prayers over Gifts.

Grade 6:

✓ All listed above.

Suggested Activities

Menu of Activities:

- <u>To begin the lesson:</u> Connect and reflect on what your learners did as EVALUATION for the previous lesson (Unit #2/ EQ #2/ Part #1).
- Remind learners that going to Mass helps me to know and love Jesus Christ.
 Participating in Mass with my family and others helps me to increase/deepen my faith in Him. Friends enjoy spending time together! Jesus is our friend!
- EXPLORE (pre-assessing what learners already know):
 - Ask learners to Turn & Talk: Can you name or describe any action, any prayer, anything the priest does, or anything you do as a participant during the Mass?
 - As learners share ideas, scribe their responses into three lists on the chalk board, on the white board, OR on three large pieces of butcher paper. DO NOT LABEL these lists until after all responses have been shared. In ONE list, jot down references to the Liturgy of the Word; in the SECOND list, the Liturgy of the Eucharist; in the THIRD list, any other comments/ideas.
 - Once all responses have been exhausted, reread the FIRST list and ask if they know what this part of the Mass is called (Liturgy of the Word). Ask them to explain why it is given that name [2.2.2.11; 4.2.2.5 & 4.2.2.6]. See glossary for definitions.
 - Next, reread the SECOND list and repeat to label it (Liturgy of the Eucharist). See glossary for definitions.
- OR use index cards to write selected parts of the Mass (see your textbook) and, in pairs or small groups, ask learners to arrange cards in the sequence/order of the Mass. Then ask them to cluster multiple index cards into the four parts of the Mass:
 - I Gathering Rites (or Introductory Rites)
 - II Storytelling (or Liturgy of the Word)
 - III Meal Sharing (or Liturgy of the Eucharist)
 - IV Commissioning (or Concluding Rites/Dismissal)

- <u>Catholic vocabulary</u>: Discuss the word, *liturgy*, explaining that it means the "public prayer of the Church" (3.2.3.1); the "public prayer and worship of the Church" (4.2.3.1); an example of "shared prayer" when a group is gathered, so that all can know and respond to the needs of others" (4.4.4.1). See glossary for definition.
- **Grade 1 Modification**: Ask young learners to describe what they do at Mass on Sunday? Embellish and clarify their responses to enhance their understanding of praying in a large group lead by a priest. (1.4.3.2 & 1.2.5.2)
- <u>To conclude the lesson:</u> Ask: What is something you learned today about the Mass? How are we feed and nourished by the Scripture readings? By the Eucharist? Why is it our responsibility as Catholics to attend Mass each and every Sunday (and Holy Days of Obligation)?

Menu of Resources:

- All "Mass Responses" cited in the CFLFF (pages 607-615) appear on our website [in both English AND Spanish]. Each prayer/formula/response is in a separate file. When appropriate for a given grade level and/or throughout the catechetical year, a file could be printed and handed out to be sent home encouraging parents to reinforce the prayers and practices of our Catholic faith. Learners should be able to say the following AND "unpack" them by explaining what they are saying.
 - Grade 1
 - Introductory Greeting [...and with your spirit]
 - Sending [...Thanks be to God]
 - Amen
 - o Grade 2 -
 - All at grade 1
 - Mystery of Faith (formerly Memorial Acclamation) [When we eat this Bread and drink this Cup...]
 - Act of Humility [Lord, I am not worthy...]
 - Grade 3
 - All at grades 1 & 2
 - Responses to Biblical Readings [...Thanks be to God; ...and with your spirit;
 ...Glory to you, O Lord; ...Praise to you Lord Jesus Christ]
 - Grade 4
 - All at grades 1-3
 - Penitential Act (Confiteor) [I confess to Almighty God...]
 - Litany at the Fraction Rite [Lamb of God...]

o Grade 5 -

- All at grades 1-4
- Gloria [Glory to God in the highest...]
- Preface Dialogue [...We lift them up to the Lord...It is right and just.]
- Preface Acclamation [Holy, holy, holy...]
- Prayers over the Gifts [May the Lord accept the sacrifice at your hands...]
- o Grade 6 ALL at grades 1-5
- Textbook Pages Loyola Press (Finding God)
 - o Grade 1 "People and Things I See at Mass" PCG 198 [Bilingual PCG 151]
 - Grade 2 Session 18 ("Gathering for Mass") PCG 105-07 [Bilingual PCG 73-74];
 "People and Things I See at Mass" PCG 210-11 [Bilingual PCG 159]; "Celebrating the Lord's Day" PCG 202-08 [Bilingual PCG 153-58];
 - Grade 3 "People and Things I See at Mass" PCG 208-09 [Bilingual PCG 160];
 "Celebrating the Lord's Day" PCG 204-06 [Bilingual PCG 156-58]; "Jesus is Present" PCG T-311 [Bilingual PCG T-250]; "Banner of the Mass" PCG T-319 [Bilingual PCG T-257]
 - o Grade 4 "Celebrating the Lord's Day" PCG 206-08 [Bilingual PCG 156-57]
 - Grade 5 "Celebrating the Lord's Day" PCG 202-04 [Bilingual PCG 156-57]'; "The Order of the Mass" – PCG 100-101 [Bilingual PCG 69-70]; Loyola Press Poster: "The Order of Mass"
 - o Grade 6 "Celebrating the Lord's Day" PCG 202-05 [Bilingual PCG 156-158]
- Textbook Pages Our Sunday Visitor (Alive in Christ)
 - Grade 1 "Our Catholic Life: At Mass" PCG 256; "Special Things in Church" -PCG 306-309; "The Four Parts of the Mass" – PCG 310-11
 - Grade 2 "Gather to Celebrate" PCG 224-229; "The Liturgy of the Word" PCG 234-237; "Liturgy of the Eucharist" PCG 246-249; "We Worship" PCG 310-313
 - o Grade 3 "The Heart of Our Worship" PCG 100-102; "We Worship" PCG 312-314
 - o Grade 4 "Our Catholic Life" PCG 238; "Prayers from the Sacraments" PCG 323
 - Grade 5 "Order of the Mass" PCG 313; "The Liturgical Environment" PCG 315;
 "Prayers from the Sacraments" PCG 322;
 - o Grade 6 "Order of the Mass" PCG 313
- Textbook Pages RCL Benziger (*Be My Disciples*)
 - o Grade 1 & Grade 2 "We Celebrate the Mass" CG 394–400
 - o Grade 3, Grade 4, Grade 5 & Grade 6 "We Celebrate the Mass" CG 396-402

VIDEOS

- "Communion for Kids God's Story Passover" (4:01 minutes)
 https://www.youtube.com/watch?v=bK8Ye93JFOQ
- Sophia SketchPad: "The Eucharist" (6:38 minutes) Grade 4+ https://www.youtube.com/watch?v=QcB7Uem00n4
- "Draw Near A Video Guide to the Catholic Mass" (23:22 minutes) Grade 5+ https://www.youtube.com/watch?v=co0qalRkEJs
- o "A Walk Through the Mass" https://www.youtube.com/watch?v=H5nzAxPY0Wo